Ginger and Soy Pork Chops

Juicy pork chops cooking in a sweet ginger and soy marinade.

- Serves 4
- Prep time 45 mins
- Cooking time 10 mins



Ingredients

5 tbsp of soy sauce

4 pork chops

5 tbsp of olive oil

3 tbsp of light brown sugar

3 tbsp of grated ginger

1 spring onion finely chopped

Seasoning to taste

Method

- Mix the soy sauce, olive oil, ginger, onion and half a teaspoon of brown sugar.
- Using half of this sauce, marinade the pork chops for at least 45 mins.
- Heat up 2 tablespoons of oil in a large Skillet over a medium hot Kadai.
- Sear the chops for 2 minutes on each side, then move the Skillet to the edge of the Kadai Grill for a less intense heat.
- Cook for a further 4 minutes more then lay on a board to rest.
- Thicken up the remaining sauce on the skillet for a minute or so, then pour over the chops.

 Serve and enjoy!

 Cookware





Skillet

Kadai

Meat

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